

## **Dermal Filler Pre-Treatment Instructions**

All the dermal fillers used at Bloom Med Spa are made of substances naturally found in your body. Over time, these will be broken down naturally by your body. Although the most frequently treated areas are nasolabial folds, oral commissures, and lips, the area around the cheekbones may be injected to give the face a younger, fuller and more natural appearance. You may experience discomfort during injection. Anesthetic is used on the skin and is mixed with the filler to minimize this discomfort. The procedure takes about 30-60 minutes and lasts 6 to 12 months.

### **For two weeks before the procedure, AVOID:**

- Chemical Peels and Laser/IPL treatments

### **For one week before the procedure, AVOID:**

- Any medications that can prolong bleeding, such as aspirin and non-steroidal anti-inflammatories (NSAIDs) order to reduce the risk of bruising and bleeding at the injection site.

*\*\*If you have previously suffered from facial cold sores, please inform us as there is a risk that the needle punctures could contribute to another eruption of cold sores.\*\**

*Please contact our office at \_\_\_\_\_ with any questions or concerns.*